

Press Release

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FOR IMMEDIATE RELEASE

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HEALTHFEST 2010: A MULTICULTURAL HEALTH FAIR

THE IMMIGRANT WELCOME CENTRE is please to announce it's time for the third annual multicultural health fair. On Thursday, May 6th from 10:00 am – 2:00 pm, **HEALTHFEST 2010: A MULTICULTURAL HEALTH FAIR** will open its doors at Beban Park Social Centre in Nanaimo.

The goal of **HEALTHFEST 2010** is to promote healthy living and to reduce barriers to health services. Each year, Healthfest draws attention to a specific area of healthcare. This year, **HEALTHFEST 2010** highlights *Healthy Living/Healthy Weight*. Health care exhibitors will have information on various aspects of health available in many languages and can provide on-site eye testing, blood glucose screening, and blood pressure measuring. Visitors can participate in cooking and fitness demonstrations and children will enjoy face-painting and many other activities. Take in the sights and sounds of African drumming, live music and belly dancing!

We invite you, your friends, and family to join us on Thursday, May 6th at
HEALTHFEST 2010: A MULTICULTURAL HEALTH FAIR.

***Just like accessible healthcare,
Healthfest 2010 is for everyone!***

To learn more about the **IMMIGRANT WELCOME CENTRE** and our many services for new immigrants and the community please call, visit or browse our website!

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